

CARE FOR OLDER ADULTS

This information is being shared to assist you in achieving compliance with the Care for Older Adults Measure for HEDIS (Healthcare Effectiveness Data and Information Set)

This measures the percentage of adults 66 years and older who had each of the following in the measurement year:

- Medication Review
- Functional Status Assessment
- Pain Assessment



The following is required documentation in the medical record:

Medication Review

- 1) Review and list the member's medications to include OTC medications and herbal or supplemental therapies.

OR

- 2) A medication list that is signed and dated during the measurement year

OR

- 3) A note indicating that the member is not taking any medication and the date when it was noted.

Functional Status Assessment

- 1) Assessment of Activities of Daily Living (ADL) or at least 5 of the following: bathing, dressing, eating, transferring, using toilet, walking

OR

- 2) Assessment of Instrumental Activities of Daily Living (IADL) or at least 4 of the following: Shopping for groceries, driving or using public transportation, using the telephone, cooking or meal preparation, housework, home repair, laundry, taking medications, handling finances.

OR

- 3) Standardized Functional Status Assessment Tool Results, such as:

- Assessment of Living Skills and Resources (ALSAR)
- Barthel ADL Index Physical Self-Maintenance (ADLS) Scale
- Bayer ADL (B-ADL) Scale
- Barthel Index
- Edmonton Frail Scale
- Extended ADL (EADL) Scale
- Groningen Frailty Index
- Independent Living Scale (ILS)
- Katz Index of Independence in ADL
- Kenny Self-Care Evaluation
- Klein-Bell ADL Scale
- Kohlman Evaluation of Living Skills (KELS)
- Lawton & Brody's IADL scales
- Patient Reported Outcome Measurement Information System (PROMIS) Global or Physical Function Scales

Pain Assessment

- 1) Assessment of patient for pain (may include positive or negative findings for pain).

OR

- 2) Standardized Functional Status Assessment Tool Results, such as:

- Numeric rating scales (verbal or written)
- Face, Legs, Activity, Cry Consolability (FLACC) scale
- Verbal descriptor scales (5-7 Word Scales, Present Pain Inventory)
- Pain Thermometer
- Pictorial Pain Scales (Faces Pain Scale, Wong-Baker Pain Scale)
- Visual analogue scale
- Brief Pain Inventory
- Chronic Pain Grade
- PROMIS Pain Intensity Scale
- Pain Assessment in Advanced Dementia (PAINAD) Scale.

Your cooperation in achieving compliance with this measure assures that our members are receiving the quality care that you provide.



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